

## CHAMPAGNE & WINES

<b>Champagne</b>	125ml glass / bottle	
<i>Moët &amp; Chandon Brut Impérial NV</i> .....	£21	£115
<b>White</b>		
<i>Bodega Vetus, Flor de Vetus, 2022</i> .....	£12	£60
<i>Rueda, Spain “Verdejo”</i>		
<i>Cloudy Bay, Sauvignon Blanc, 2022</i> .....	£15	£82
<i>Marlborough, New Zealand “Sauvignon Blanc”</i>		
<b>Rosé</b>		
<i>Château d’Esclans, Whispering Angel 2022</i> .....	£14	£74
<i>Provence, France “Cinsault, Rolle Blend”</i>		
<b>Red</b>		
<i>Terrazes de los Andes, Malbec, 2021</i> .....	£13	£60
<i>Esprit de Pavie 2017</i> .....	£16	£80
<i>Bordeaux, France, “Cabernet Sauvignon Blend”</i>		
<b>Sparkling Alcohol Free</b>		
<i>Noughty, Thompson &amp; Scott</i> .....	£11	
<i>Organic alcohol free wine</i>		



THE LANESBOROUGH  
Club & Spa  
LONDON

# SPA RESTAURANT DINNER MENU

OETKER COLLECTION  
Masterpiece Hotels

Email: [membership@lanesboroughclubandspa.com](mailto:membership@lanesboroughclubandspa.com)  
Telephone: +44 (0)207 333 7063  
[www.lanesboroughclubandspa.com](http://www.lanesboroughclubandspa.com)

Service times: 6pm – 8.30pm

## JUICES & SMOOTHIES

**Green Booster** 131kcal ..... £7.50  
*Spinach, kale green apple,  
lime, cucumber & mint*

**Pink Royal** 190kcal ..... £7.50  
*Banana, raspberry, cherry,  
rice milk & honey*

**Immunity** 202kcal ..... £7.50  
*Apple juice, banana, kiwi,  
strawberry & honey*

**Early Riser Morning Workout** ... £7.50  
*Beetroot, orange, lemon & carrot 171kcal*

## HEALTHY SHOTS

**Turmeric** 40kcal ..... £5  
*Anti-inflammatory, relieves pain,  
aids digestion, improves liver function*

**Ginger** 47kcal ..... £5  
*Regulates sugar levels, cold  
and flu relief, pain reduction*

**Turmeric & Ginger** 43kcal ..... £7

## PROTEIN SHAKES 🌱

All at £7.50

### The Daily Superfood Shake\*

*Vanilla – almond milk, banana, cashew butter 319kcal  
Mixed berry – coconut water, mixed berries 246kcal  
Chocolate – coconut milk, avocado, dates 280kcal*

Add on for £2

*Nuts 158kcal Avocado 120kcal Frozen berries 42kcal  
Dates 100kcal Oat 97kcal Banana 61kcal*

*\*Full of essential amino acids, vitamins, minerals, antioxidants and alkalising  
properties that serve as a platform for daily well-being and vitality.  
Containing a blend of super-fit greens of spirulina, alfalfa and maca.*

Allergen abbreviations

*Peanuts | Nuts | Crustaceans | Molluscs | Fish | Egg | Dairy  
Gluten | Soya | Sesame seeds | Celery | Mustard | Lupin | Sulphur Dioxide*

🌿 Vegetarian 🌱 Vegan

*Should you have any dietary or allergen requirements, please do inform our team.  
All prices are inclusive of VAT. A discretionary service charge of 15% will be added to your bill.*



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## STARTERS & SALADS

**Lanesborough Club Sandwich** 953 kcal ..... £29

*Chicken, bacon, lettuce, tomato, egg, served with fries G D E Mu SD*

**Asian vegetable salad** 886kcal

*Asian greens, broccoli, cashew nut, chilli, wasabi and sesame seed dressing Se F Cr Mo So N*

~ with lemongrass chicken ..... £22

~ with tiger prawns ..... £24

~ with prawns and chicken ..... £28

**Shashimi salmon poké bowl** 1,014kcal ..... £18

*Salmon, avocado, buckwheat, edamame, sesame seeds G F Se So*

**Chicken Caesar salad** 679kcal ..... £32

*Chicken, anchovies, parmesan, sourdough croutons G E F D Mu SD*

**Fattoush salad** 554kcal ..... £32

*Mixed vegetable served with sumac, fried bread, lemon & olive oil G*

**Charcuterie Board** 689kcal/1,377kcal ..... £25/£50

*Spiced coppa, air-dried beef, King Peter ham & Westcombe pepperoncino G SD*

 Vegetarian  Vegan

## MAIN COURSES

**Charred Scottish halibut** 515kcal ..... £30

*Samphire, tomato and caper salsa F SD*

**Margherita pizza**  889kcal ..... £28

*Tomato base, mozzarella, basil G D*

**Battered Cod and Chips** 1,086kcal ..... £35

*Triple cooked chips, tartare sauce, pea purée G, E, F, D, Mu, SD*

**Grass fed ribeye steak 250g** 1,019kcal ..... £42

*Organic green leaf salad Mu SD*

~ with Béarnaise sauce E D SD ..... supplement £2

~ with Peppercorn sauce D SD ..... supplement £2

~ with Chimichurri sauce SD ..... supplement £2

**Corn fed chicken breast** 523kcal ..... £30

*Tenderstem broccoli, smoked almond, lemon N SD*

### Sides

*Charred tenderstem broccoli* 67kcal ..... £8

*French fries* 668kcal ..... £8

*Truffled french fries* 698kcal ..... £12

*Sweet potato fries* 740kcal ..... £8

*Sautéed spinach* 82kcal ..... £8

 Vegetarian  Vegan

## DESSERTS

**Guanaja Chocolate Mousse** 335kcal D E ..... £18

*Lime zest, coconut sorbet*

**Caramelised Pineapple Cake**  338kcal ..... £18

*Lime zest, coconut sorbet*

**Strawberry and Vanilla Cheesecake** 875kcal ..... £18

*Strawberry compote D F G*

**British Cheese Board** 402kcal/804kcal ..... £25/£50

*Served with preserved fruit, honeycomb, chutney N G D Ce Se SD*

## COFFEE & CHOCOLATE

**Coffee of your choice** 5kcal – 132kcal ..... £8

**Bullet Coffee** 112kcal ..... £8

**Profy** (protein shake with double espresso) ..... £9

**Ice Tea / Iced Coffee** 20kcal / 82kcal ..... £8

**Valhrona Hot Chocolate** 124kcal ..... £8

## TEA £8

### The Lanesborough Club & Spa Signature Tea

*Turmeric root, apples pieces, liquorice, rosehip, lemon verbena, black peppercorns, peppermint*

#### Black

*Lanesborough Breakfast: fragrant, dates, robust*

*Earl Grey Supreme: elegant, citrus, bergamot*

*Assam Dejoo: bold, smooth, slightly malty, roasted*

#### Green

*Japanese Sencha Organic: vegetal, grassy,*

*pine nuts, traditional*

*Moroccan Mint: refreshing, spicy, earthy,*

*faintly smoky*

#### Organic Green Matcha

#### Herbal Teas

*Beautiful Skin: elderflower, sweet,*

*herbal, detoxifying*

*Aching Muscles: refreshing, ideal for aching*

*or strained muscles*

*Healthy Immunity: rooibos, great immunity*

*booster, vitamin C*

*Toxin Killer: wellness blend, detoxifying agents*